

Action Plan for Week 2 – Getting Started

1. Read Eph 1:1-13, Ro 8:12-17 and Ga 4:1-7 every day. Plus read one Psalm each day (consider choosing from Ps 7-14).
2. Ask the Holy Spirit to help you pray for ten minutes a day, for five days this week.
3. Take the first page of your Prayer Notebook (Key Component = Getting Started) and divide it horizontally into two sections. Label the upper section “Empowerment” and the lower section “Relationship”. Under “Empowerment” list your needs for help to prayer. Under “Relationship” list your needs for relationship with God (see sample page below)
4. Pray through the first component of prayer (i.e., Getting Started)
 - A. Ask for the Spirit's help
 - B. Reflect on your relationship with God as Father
 - C. Pray about your father-child relationship with God
 - D. Pray about:
 - i. Walking with the Father
 - ii. The Lordship of Jesus
 - iii. Friendship with Jesus
 - iv. Giving the Holy Spirit control of your life
5. Pray briefly through the other six components using your prayer notebook.

Prayer Notebook Sheets

Key Component: Getting Started

Prayer Topic	Scripture Reference
Empowerment	
Relationship	